

Performance track:	6
Demonstration track:	8
Accompaniment track:	12

The Buffens

Simplified A Section

Orchésographie (1589)
Arr. Miyo Aoki



The Buffens uses a Passamezzo Moderno ground bass for its foundation, and its tune is similar to the Passamezzo Moderno melody you have already played, just with a few more notes. This version (simplified here) comes from a book of instructions for dancing, published in 1589, called *Orchésographie*. The author was a French priest named Jehan Tabourot, who recombined the letters of his name to come up with the pen name “Thoinot Arbeau.” Some of the other illustrations in *Recorder from the Ground Up* also come from Arbeau’s book.

In *Orchésographie*, this tune and dance is called “Air des Bouffons,” but in English it was spelled “Buffens.”

